

## Starters

Steamers—a pound of clams in the shell steamed in garlic and melted butter—9.50

Cheese Sticks—deep-fried mozzarella sticks with marinara for dipping—6.95

Mediterranean—hummus, tapenade and pita triangles—7.95 with fresh veggies—9.95

Jalapeno poppers - 6.95

## World Flavors

served with a cup of soup or green salad

**please choose chicken, tofu or tempeh for these dishes**

Bangkok Stir-Fry—fresh vegetables and your protein choice in a **spicy** peanut sauce served over Asian style noodles—13.95

Stir Fry—fresh vegetables and your protein choice in a ginger, soy, honey sauce over rice—12.95

Spicy Black Bean Stir-Fry—assorted fresh vegetables and your protein choice in a black bean ginger garlic sauce served over brown rice—12.95

Yaki Soba—an array of colorful fresh vegetables stir-fried with your protein choice and Asian noodles in a sweet and spicy sauce—12.95

## Salads

Sesame Chicken Salad—mixed greens topped with scallions, mandarins, chow mein noodles and grilled chicken breast with sesame dressing—9.95

Grilled Steak Salad—hand-cut New York strip grilled and sliced over mixed greens, with tomatoes, crumbled bleu cheese and red onion slices - 14.95

Cobb—greens topped with diced chicken breast or salmon, crumbled bacon and bleu cheese, diced tomatoes, black olives and cucumber—9.95

Pear & Walnut Salad—fresh pears, bleu cheese and sugar-toasted walnuts over greens—8.95

Caesar—smoked salmon or grilled chicken breast, tomatoes, red onion, cucumber, croutons and parmesan on chopped romaine tossed in classic Caesar dressing—12.95

Farmer's Market—leaf lettuce, cauliflower, broccoli, cucumber, spinach, tomato, red onion, cheddar and jack cheese, and avocado or bacon crumbles—9.95

Tuscan Chicken Salad with Artichokes—tossed greens with artichoke hearts, tomatoes, grilled chicken, parmesan and a chiffonade of basil—9.95

## Seafood

served with a tossed salad or a cup of soup

Kalamata Salmon – Sockeye salmon filet topped with olive tapenade and served on focaccia with pesto, greens and red onion. 12.95

### New Orleans Snapper

Spicy pan-cooked blackened fish finished with a lime cilantro sauce and roasted red bell peppers, served with rice pilaf and fresh vegetables –12.95

Salmon New Orleans Style –13.95

### Smoked Salmon Fettucine

Fettucine tossed with fresh mushrooms, spinach, smoked salmon and diced tomatoes in a basil-garlic white wine cream sauce, with parmesan –13.95

### Fish 'n Chips

Fish dipped in beer tempura and fried in canola oil, served with French fries and homemade tartar sauce. Alaskan cod –11.95 Salmon –12.95

Salmon Picatta—charbroiled Alaskan wild sockeye from the Copper River topped with portobellos and capers in a basil lemon buerre blanc served with vegetables and garlic mashed potatoes.—13.95

## Pasta

served with a tossed salad or a cup of soup

Chicken & Zucchini—fresh zucchini, tomatoes, sautéed onion and mushrooms with tender chicken breast tossed in a basil-garlic olive oil sauce over fettucine with parmesan—12.95

Chicken Parmesan— boneless chicken breast floured and sautéed with portobellos, simmered in marinara and finished with parmesan under the broiler, served on a bed of pasta—12.95

Fettucine Alfredo—creamy parmesan sauce—9.95

Fettucine Genovese— fettucine tossed with basil pesto , fresh spinach, mushrooms, black olives, feta cheese and crushed garlic, garnished with red tomatoes and parmesan—11.95

Grilled Chicken Fettucine—fettucine topped with grilled chicken breast, quartered mushrooms in a creamy parmesan sauce—11.95

Macaroni and Cheese —the classic! Milk, cream and melted cheeses tossed with macaroni noodles—8.95

Add bits of bacon –1.50

## Chicken

accompanied by salad or soup and your choice of baked potato, garlic mashed potatoes or rice

Sriracha Stir-Fry—chicken breast, mushrooms, snap peas and fresh vegetables stir-fried in a **spicy** sauce. Served over rice, no potato—12.95

Chicken Scandia—diced chicken breast sautéed with garlic, fresh mushrooms, tomatoes and scallions in a basil cream sauce and served over rice or mashed potatoes—12.95

Dona Ana Chicken Sandwich—fried chicken tenders with bacon, sautéed onions and melted pepper jack, with tomato, avocado, jalapeno aioli and lettuce on a focaccia roll—9.95 one side

Herb Lemon Chicken—lightly floured chicken breast sautéed with Portobello mushrooms and finished with a lemon thyme beurre blanc—12.95

Chicken Marsala—chicken breast in marsala cream with mushrooms, red onions, and capers 12.95

Teriyaki Chicken—two petite boneless breasts glazed in teriyaki and char-broiled, garnished with grilled pineapple—12.95

## Meat

served with salad or soup and fresh vegetables and a choice of baked potato, loaded mashed potatoes or rice

Steak and Prawns—hand cut NY strip seasoned and broiled, topped with prawns sautéed in garlic basil butter—18.95

Steak with Bleu Cheese—lightly seasoned NY steak broiled to order and smothered with creamy melted bleu cheese—16.95

Liver—tender beef liver sautéed with red onion and bacon, deglazed with sherry and finished with a sweet butter cream—10.95

Steak 'n Portobellos—grilled NY strip lightly seasoned and smothered with sliced fresh Portobellos sautéed in garlic butter—16.95

## Side Orders

house salad 3.50

cup of soup-2.95 bowl of soup-3.95  
fries —2.75

onion rings—3.95

truffle fries—3.75

sweet potato fries —3.95

## Burgers

Third-pound beef patty or vegan soy burger or vegan veggie burger topped with tomato, leaf lettuce, pickles and mayo, red onion on request. Choose a side of a cup of soup, tossed salad, fries, sweet potato cross cut fries, fruit or cottage cheese. Substitute onion rings or truffle fries for 1.00.

Crooked River—melted bleu cheese, chipotle sauce and thick sliced bacon—9.50

Columbia—Tillamook cheddar, bacon slices and a fried egg—9.95

Skipanon—diced green chiles, Monterey jack & cheddar cheeses and jalapeno aioli—9.50

Siuslaw—sliced fresh avocado and melted Tillamook cheddar cheese—9.50

McKenzie—our simple burger—8.00

Metolius—smoky barbecue sauce, thick-sliced bacon strips and melted cheddar—9.50

Santiam—Swiss cheese and sautéed fresh mushrooms—9.50

## Sandwiches

choose a side dish of tossed salad, cup of soup, fries, sweet potato cross cut fries, fresh fruit or cottage cheese.

Substitute truffle fries or onion rings for 1.00

French Dip—thinly sliced roast beef, sautéed mushrooms and melted Swiss cheese on a sandwich roll with a cup of au jus for dipping—8.95

Tuna Melt—cheddar melted on grilled rye with tuna salad, grilled pineapple and thick bacon—9.95

Curry Chicken Salad—all white meat chicken salad with curry and apples, sliced tomato and crisp lettuce on toasted raisin bread—8.50

Garden 'n Grain - avocado, crisp leaf lettuce, cream cheese or hummus, cucumbers and tomato on Great Harvest whole wheat bread—8.50

Reuben—sliced corned beef on grilled rye with Swiss and sauerkraut and a hint of dijon—9.50

Alder Street Special—our best selling sandwich!  
Tillamook cheddar and Swiss cheeses grilled on rye with thick bacon slices, turkey breast, leaf lettuce, tomato and mayo—9.50

## Beer

Microbrews, ciders and imports—4.00

Domestics—3.00

## Mimosas

orange, grapefruit, pomegranate—5.95

## Soft drinks

Soda pop, refills with food purchase—2.25

strawberry lemonade 2.25 (one refill)

Italian sodas - 2.35    cremosa 2.45

## Juices

cranberry, V-8, apple—2.60

small—1.50

Naked Green Machine—4.95

fresh orange or grapefruit juice—2.95

small—1.85

strawberry lemonade—2.25

## Milk

skim, whole, 2%, chocolate, buttermilk

large glass—1.95

small glass—1.15

hot almond steamer—2.35

soy milk—large—2.25    small—1.45

hot chocolate—2.25

## Wines

pinot gris, sparkling, chardonnay

pinot noir, cabernet, merlot—4.95

## Teas

black tea: Earl Grey, English Breakfast,

Constant Comment—2.25

herbals: mint, chamomile, orange, passion—2.25

green tea: green tea, jasmine green—2.25

white tea: apricot white—2.25

yerba mate—2.25

Oregon chai—hot or iced—3.25

## Tea Lattes

London Fog—Earl Grey, steamed milk and vanilla—2.95

Oregon Mist—green tea, steamed milk and almond—2.95

## Espresso & Coffee

	Single	Double
Black & White		3.95
Mocha	3.50	3.95
Espresso	2.45	2.95
Cappuccino	2.95	3.50
Latte	2.95	3.50
White chocolate mocha	3.50	3.95
Mexican mocha	3.50	3.95

prefer soy milk or a breve—add .25

Torani syrup added—.50

extra shot of espresso—.75

organic Cafeto Glenwood house blend or decaf—2.25

Refills are free with any food purchase

Just having coffee? Refills .50